Chapel St Leonards Primary School

National Curriculum Coverage: PE and GAMES

	Year A Autumn		Year A Spring		Year A Summer		Year B Autumn		Year B Spring		Year B Summer	
Key Stage 1												
Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities.	✓											
Participate in team games, developing simple tactics for attacking and defending			✓		√				√		√	
Perform dances using simple movement patterns	✓				-		√				√	
Key Stage 2	Y3/4 A Autumn	Y3/4 A Spring	Y3/4 A Summer	Y3/4 B Autumn	Y3/4 B Spring	Y3/4 B Summer	Y5/6 A Autumn	Y5/6 A Spring	Y5/6 A Summer	Y5/6 B Autumn	Y5/6 B Spring	Y5/6 B Summer
Use running, jumping, throwing and catching in isolation and in combination	√											
Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.		√	√									
Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics].	√	✓	✓	√								
Perform dances using a range of movement patterns.	√	√										
Take part in outdoor and adventurous activity challenges both individually and within a team			√			√			√			√
2 Compare their performances with previous ones and demonstrate	√	✓	√									

improvement to achieve their personal best.								
Swim competently, confidently and proficiently over a distance of at least 25 metres	Year 4		Year 4		Year 5	Year 6	Year 5	Year 6
Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke].	Year 4		Year 4	√	Year 5	Year 6	Year 5	Year 6
Perform safe self-rescue in different water- based situations					Year 5	Year 6	Year 5	Year 6