



# Chapel Chat

The weekly news from Chapel St Leonards Primary School

Issue 104

Circulation: 148

Date: Friday 23rd April

Dear Parents/Carers,

It is great to be back and the children have settled into the routines of school life really well. I know all of the adults in school were pleased to see them. The summer term is always a great term as the days get longer and the sun and warmer weather mean we get outdoors more often!

Our whole school value this term is 'Leadership' and our values character is Leonard the Lobster. I am looking forward to the children developing their understanding of leadership and leadership skills over the course of the term. Have a good weekend.

**Graham Almond**



## Summer Term Topics

Our topics this term focus on countries and cultures.

Reception: Incredible growth and changes and journeying on together

Year 1: A journey to... Australia

Year 2: A journey to... Kenya

Year 3: A journey to... Italy

Year 4: A journey to... Brazil

Year 5: A journey to... Greece

Year 6: A journey to... the future!



## COVID-19 Notification

If you need to inform the school of any COVID-19 related issues out of school hours please use the school COVID email address: [Covid19@chapel-cit.co.uk](mailto:Covid19@chapel-cit.co.uk) to keep us updated.

Staff, students, parents and carers should follow contact tracing instructions provided by NHS Test and Trace. Thank you.

## Allergies

Some of our children risk suffering a life threatening reaction to nuts – even by simply being in the vicinity of a nut. For this reason, we ask that no child bring any food items into school that contain nuts, even for their own consumption.



## Balancability in Reception and Year 1

The Reception and Year 1 children really enjoyed their first session on the Balancability bikes this week with JB Sports. The children impressed all of the adults with their determination.





## Chapel Champions: 23rd April



### Achievement Award

### Values Award: Leadership

**Reception** Lincoln: working completely independently on his writing in his name book and holiday news.

Daniel: showing leadership in his care of new pupils and his direction to help them.

**Year 1** Malachi: great independent Maths work.

Vinny: showing great leadership skills when leading his team in PE.

**Year 2** Zayan: supporting himself in writing by using his phonics learning.

Henly: showing amazing leadership skills in a game at play-time.

**Year 3** Akira: an excellent attitude and work in Maths.

Rhianna: showing great leadership by setting an example to others, displaying excellent manners and a caring attitude to adults in the dining hall.

**Year 4** Daisy: attention to small detail in Art this week.

River: showing super leadership skills on the playground.

**Year 5** Ellie: amazing decimal and fraction conversions in Maths.

Charlie: leading discussions during our Lincolnshire Wildlife Trust learning.

**Year 6** Ethan H: fantastic dialogue tags and vocabulary choices in English.

Ashlee: always being a positive role model to those around her.

Our friends at VegPower have put some handy lunchbox hints together. Remember to #EatThemToDefeatThem

**VEGPOWER**

### 5 easy #LunchboxHacks to add more veg in 60 seconds or less:

- 1. The Salad-on-a-Stick**  
Get a bamboo kebab stick and thread on different veg such as cherry tomatoes, cubed cucumber, cubed cooked beetroot, chunks of peppers, raw button mushrooms, crunchy lettuce, etc) in fun colours. If your child isn't a fan of veg, try starting off by alternating veg with cooked meat, cubed cheese, etc to ease them into it.
- 2. The Lunch Crunch**  
1 carrot chopped into sticks (or pre-chopped carrot sticks) with a pot of hummus (or their favourite dip) adds a portion of veg.
- 3. The Sandwich Slice**  
Slice 5cm cucumber (about the length of a small egg) and add to a sandwich for an extra portion of veg with minimal effort.
- 4. The Helpful Handful**  
Add a handful of ready-to-eat snacky veg to a container. Try cherry tomatoes, drained tinned sweetcorn, celery sticks, green beans, cucumber etc.
- 5. The Half-Baked Plan**  
Heat through half a tin of baked beans (ideally low sugar and salt) and stick in a heat-retaining flask for an easy veg portion win.

**My Favourite veg was:**

**I ate this many carrots:**

**I ate this much cucumber:**

**My Favourite veg was:**

**This week my rating is:**

Top tip: Keep trying! If they are not used to veg in their packed lunch, it may be picked out and ignored on the first few days. The more they see it and interact with it, the more the veg becomes "normal".

For recipes, tips and more lunchbox ideas, visit [www.vegpower.co.uk](http://www.vegpower.co.uk)

### Pupil Premium Funding and Free School Meals

If you think that your child may be entitled to receive free school meals, then you are now required to apply for this online through Lincolnshire County Council. Even if your child is not eligible at the moment, if your circumstances change we will automatically be updated this will also mean your child continues to receive a free school meal in Key Stage 2 when universal infant school meals stops.

The link is through the Parent Portal:  
<https://lcc.cloud.servelec-synergy.com/parentportal>

If you would like any help completing this process please ask at the School Office.

### Keeping up to date

**Twitter:** @CSLPrimarySch



**Facebook:** 'Chapel St Leonards Primary School'

**Website:** [www.chapel-cit.co.uk](http://www.chapel-cit.co.uk)

**Eschools app**