

Chapel Chat

Be responsible, be respectful, be reflective
Be the best me

**Attendance last week,
 who is close to our 96%
 target?**

Rec: 96.67%

Y1: 62.86%

Y2: 87.06%

Y3: 92.00%

Y4: 85.38%

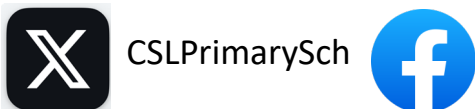
Y5: 88.93%

Y6: 90.56%



Dear Parents/Carers,

What a term! We have had such fantastic opportunities throughout school thanks to our amazing staff and enthusiastic children. As you will see from the letter your children come home with, CIT have confirmed that they are *'delighted to let you know that we have appointed Laura Turner to the role of Executive Headteacher. Laura already works within the Community Inclusive Trust as a Headteacher at Woodlands School in Spilsby and so will be able to visit the school regularly prior to beginning in September.'* Miss Turner and I have already worked together in our current capacities and I am pleased about her appointment. We share the same, child-centred approach to education and I feel secure that our school community will be left in safe hands to continue our growth next academic year.



Mr Shaw



EYFS have absolutely loved having a clutch of chicks in their classroom over the last couple of weeks.

The children have learnt so much—from lifecycles to how to care for animals and they have been able to create some amazing work from this experience.

The chicks have even paid visits to other classes and been able to help the older children deepen their own knowledge.

Many thanks to the Happy Chick Company for allowing our children to immerse themselves in their learning.



Dates for your Diary

Event	Date	Time	Details
Y5 and Y6 Bikeability	3rd June—6th June	All day	Year 5 and Year 6 children will be developing their cycling proficiency at school and on the roads.
Rhubarb Theatre— 'Collection Day'	13th June	All day	An eco –friendly themed theatre performance for the whole school.
Sports Day	25th June	All day	We invite you to come and join us at our Sports Day—support your child and their team.
Creativity Awards Assembly	2nd July	2.45pm	Who will win an award this year with their creative activities?
Singsation!	3rd July	tbc	Our children will have the opportunity to share their vocal talents with professionals
Kyra Music Festival	9th July	tbc	The children in Key Stage Two will be participating in a multi-school performance.
Upper Key Stage Two London Residential	10—12th July	3 whole days!	Year 5 and Year 6 are out and about in London, soaking up the sights and culture!
PTA Summer Fete	18th July	tbc	Come and explore a range of stalls and games and help to raise money for the school.



10 Top Tips for Parents and Educators

ENCOURAGING HEALTHY FRIENDSHIPS

Navigating the complexities of childhood and adolescent friendships can be challenging – but with the right guidance, children and young people can cultivate meaningful, supportive relationships, some of which may last for many years. These top tips provide a comprehensive approach to fostering healthy friendships among children and young people. It's important to remember, however, that each child is different, and will require an individual approach to relationship support.

1 GRANT FRIENDSHIP OPPORTUNITIES

Encouraging children and young people to join extracurricular activities can foster healthy friendships by providing shared interests and common ground. Engaging in these pastimes offers a platform for interaction, sometimes alleviating the social pressure of knowing what to say, and helps children develop meaningful connections.

2 LEAD BY EXAMPLE

The children and young people in our lives see how we behave, the connections that we've made and the interactions between us and others. When we model healthy friendships, we set an example and help youngsters to understand what healthy friendships looks like and how to navigate them.

3 HELP THEM LOVE THEMSELVES

Healthy friendships aren't just about dynamics with other people. They're about our relationship with ourselves. For overall wellbeing, it's important for a child to have the space to build their self-esteem and a positive self-image, as these factors can have a notable influence on the friendships they form throughout life.

4 MONITOR SCREEN TIME

Too much screen time can affect some children's wellbeing in general, but it can specifically impact friendships if it results in fewer positive social interactions. In some cases, reducing screen time and encouraging children and young people to find ways to interact face-to-face can have positive results. It's also important to remember that young people can make positive friendships online, but they will require support to do this safely.

5 TEACH PROBLEM-SOLVING

Inevitably, friendships can run into problems. However, this is also an opportunity to support children and young people to work through any difficulties that may arise. It can be tempting to intervene and try to fix these issues for those involved, but helping them consider ways of resolving conflict or managing difficult situations for themselves can help them create stronger friendships.

6 EMPOWER THE CHILD

When we give children and young people the confidence to choose their friends, navigate interpersonal boundaries and consider how they want to interact with the different people around them, we empower them to take control of the friendships they have. When young people feel in control of these things, they're more likely to make positive choices and remain aware of the signs of a negative relationship.

7 TEACH EMPATHY

'Healthy friendships' doesn't always mean 'perfect.' Sometimes, disagreements can happen. When we teach children and young people to have empathy, we help them to see both sides of a relationship; to be mindful of the challenges a friend might be facing or whatever else might be going on. This can help children and young people to build stronger friendships.

8 BE OPEN TO QUESTIONS

Talking to young people about their friendships, who they spend time with and who they interact with can open the door to questions if they have concerns. Initially, these queries may be straightforward, but if we are receptive to discussion from the outset, young people are more likely to come to us for help when they are older as well.

9 UNDERSTAND BOUNDARIES

One of the keys to a healthy friendship is honouring boundaries. This can include anything from respecting personal space and belongings to acceptable language and behaviour. Understanding the importance of setting these limits and upholding those set by others can help children stay safe. If young people figure out their boundaries and feel comfortable enforcing them, they're more likely to call someone out if they go too far.

10 SPOT THE SIGNS

We can't always supervise young people; sometimes, we need to step back and give them some space. However, it's important to consider any indicators that they may be struggling in their friendships. Are they becoming increasingly irritable? Does their behaviour alter when they've been with their friends? Are they becoming withdrawn or reluctant to take part in certain activities? These could all be signs that they're finding things difficult, and we should remain alert to such changes.

Meet Our Expert

Becky Dawson is an experienced educator who has worked in primary and secondary schools for 20 years. She is a facilitator, consultant and coach working with young people and the adults who work with them, with a focus on developing understanding and skills around mental health, wellbeing and safeguarding.



#WakeUpWednesday

The National College